## SYSTEMS SURVEY FORM Patient Doctor Date Birth Date Approx Weight Sex: Male Female Pulse: Recumbent Standing Vegetarian Gluten-free Blood pressure: Recumbent Standing Ragland's Test is Positive INSTRUCTIONS: Fill in only the circles which apply to you. O O MILD symptoms (occurs rarely). 52 OOO Awaken after few hours sleep - hard to get back to sleep ○ MODERATE symptoms (occurs several times a month). 53 OOO Crave candy or coffee in afternoons ○ ○ SEVERE symptoms (occurs almost constantly) 54 OOO Moods of depression - "blues" or melancholy ○ ○ ○ Leave circles BLANK if they don't apply to you! 55 OOO Abnormal craving for sweets or snacks **GROUP 4** 1 2 3 GROUP 1 56 OOO Hands and feet go to sleep easily, numbness 1 000 Acid foods upset 57 OOO Sigh frequently, "air hunger" 2 000 Get chilled often 58 OOO Aware of "breathing heavily" 3 000 "Lump" in throat 59 OOO High altitude discomfort 4 000 Dry mouth-eyes-nose 60 OOO Opens windows in closed rooms 5 OOO Pulse speeds after meal 61 OOO Susceptible to colds and fevers 6 0 0 0 Keyed up - fail to calm 62 OOO Afternoon "yawner" 7 000 Cut heals slowly 63 OOO Get "drowsy" often 8 000 Gag easily 64 OOO Swollen ankles, worse at night 9 OOO Unable to relax; startles easily 65 OOO Muscle cramps, worse during exercise; get "charley horses" 10 000 Extremities cold, clammy 66 000 Shortness of breath on exertion 11 000 Strong light irritates 67 OOO Dull pain in chest or radiating into left arm, worse on exertion 12 000 Urine amount reduced 68 OOO Bruise easily, "black and blue" spots 13 OOO Heart pounds after retiring 69 000 Tendency to anemia 14 O O O "Nervous" stomach 70 OOO "Nose bleeds" frequent 15 OOO Appetite reduced 71 OOO Noises in head, or "ringing in ears" 16 OOO Cold sweats often 72 OOO Tension under the breastbone, or feeling of "tightness", 17 000 Fever easily raised worse on exertion 18 000 Neuralgia-like pains **GROUP 5** 19 OOO Staring, blinks little 73 OOO Dizziness 20 OOO Sour stomach often 74 000 Dry skin **GROUP 2** 75 OOO Burning feet 21 OOO Joint stiffness on arising 76 OOO Blurred vision 22 OOO Muscle-leg-toe cramps at night 77 OOO Itching skin and feet 23 OOO "Butterfly" stomach, cramps 78 OOO Excessive falling hair 24 OOO Eyes or nose watery 79 OOO Frequent skin rashes 25 OOO Eyes blink often 80 OOO Bitter, metallic taste in mouth in mornings 26 OOO Eyelids swollen, puffy 81 OOO Bowel movements painful or difficult 27 OOO Indigestion soon after meals 82 OOO Worrier, feels insecure 28 OOO Always seems hungry; feels "lightheaded" often 83 OOO Feeling queasy; headache over eyes 29 OOO Digestion rapid 84 OOO Greasy foods upset 30 OOO Vomiting frequent 85 OOO Stools light colored 31 OOO Hoarseness frequent 86 OOO Skin peels on foot soles 32 OOO Breathing irregular 87 OOO Pain between shoulder blades 33 OOO Pulse slow; feels "irregular" 88 OOO Use laxatives 34 OOO Gagging reflex slow 89 OOO Stools alternate from soft to watery 35 OOO Difficulty swallowing 90 OOO History of galibladder attacks or galistones 36 OOO Constipation, diarrhea alternating 91 OOO Sneezing attacks 37 000 "Slow starter" 92 OOO Dreaming, nightmare type bad dreams 38 OOO Get "chilled" infrequently 93 OOO Bad breath (halitosis) 39 OOO Perspire easily 94 O O O Milk products cause distress 40 O O O Circulation poor, sensitive to cold 95 OOO Sensitive to hot weather 41 OOO Subject to colds, asthma, bronchitis 96 OOO Burning or itching anus **GROUP 3** 97 OOO Crave sweets 42 OOO Eat when nervous GROUP 6 43 OOO Excessive appetite 98 OOO Loss of taste for meat 44 000 Hungry between meals 99 OOO Lower bowel gas several hours after eating 45 OOO Irritable before meals 100 O O O Burning stomach sensations, eating relieves 46 OOO Get "shaky" if hungry 101 O O O Coated tongue 47 OOO Fatigue, eating relieves 102 OOO Pass large amounts of foul-smelling gas 48 OOO "Lightheaded" if meals delayed 103 OOO Indigestion 1/2 - 1 hour after eating; may be up to 3-4 hrs. 49 OOO Heart palpitates if meals missed or delayed 104 O O O Mucous colitis or "irritable bowel" 50 OOO Afternoon headaches 105 OOO Gas shortly after eating 51 OOO Overeating sweets upsets 106 O O O Stomach "bloating" after eating

1 2 3 GROUP 7A	1 2 3
107 OOO Insomnia	170 OOO Weakness after colds, influenza
108 O O O Nervousness	171 OOO Exhaustion - muscular and nervous
109 OOO Can't gain weight .	172 O O O Respiratory disorders
110 OOO Intolerance to heat	GROUP 8
111 OOO Highly emotional	<del>-</del>
112 OOO Flush easily	173 O O O Muscle weakness
113 OOO Night sweats	174 OOO Lack of Stamina
114 OOO Thin, moist skin	175 O O O Drowsiness after eating
115 OOO Inward trembling	176 O O O Muscular soreness
116 O O O Heart palpitates	177 OOO Rapid heart beat
117 OOO Increased appetite without weight gain	178 O O O Hyper-irritable
118 OOO Pulse fast at rest	179 O O O Feeling of a band around your head
119 OOO Eyelids and face twitch	180 O O O Melancholia (feeling of sadness)
120 OOO Irritable and restless	181 OOO Swelling of ankles
121 OOO Can't work under pressure	182 OOO Diminished urination
	183 O O O Tendency to consume sweets or carbohydrates
GROUP 7B	184 O O O Muscle spasms
122 O O O Increase in weight	185 O O O Blurred vision
123 O O O Decrease in appetite	186 O O O Loss of muscular control
124 O O O Fatigue easily	187 O O O Numbness
125 O O O Ringing in ears	188 OOO Night sweats
126 OOO Sleepy during day	189 O O O Rapid digestion
127 OOO Sensitive to cold	190 O O O Sensitivity to noise
128 O O O Dry or scaly skin	191 OOO Redness of palms of hands and bottom of feet
129 O O Constipation	192 O.O.O. Visible veins on chest and abdomen
130 O O O Mental sluggishness	193 O O O Hemorrhoids
131 OOO Hair coarse, falls out	194 OOO Apprehension (feeling that something bad will happen)
132 OOO Headaches upon arising, wear off during day	195 O O O Nervousness causing loss of appetite
133 OOO Slow pulse, below 65	196 OOO Nervousness with indigestion
134 O O O Frequency of urination	197 OOO Gastritis
135 O O O Impaired hearing	198 OOO Forgetfulness
136 OOO Reduced initiative	199 OOO Thinning hair
GROUP 7C	FEMALE ONLY
137 OOO Failing memory	200 O O O Very easily fatigued
138 OOO Low blood pressure	201 O O O Premenstrual tension
139 OOO Increased sex drive	202 O O O Painful menses
140 OOO Headaches, "splitting or rending" type	203 O O O Depressed feelings before menstruation
141 OOO Decreased sugar tolerance	204 O O O Menstruation excessive and prolonged
GROUP 7D	205 O O O Painful breasts
GROUP 7D	205 O O O Painful breasts
GROUP 7D  142 O O O Abnormal thirst	205 O O O Painful breasts 206 O O O Menstruate too frequently
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge
GROUP 7D  142 O O Abnormal thirst  143 O O Bloating of abdomen  144 O O O Weight gain around hips or waist	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed
GROUP 7D  142 O O Abnormal thirst  143 O O Bloating of abdomen  144 O O Weight gain around hips or waist  145 O O Sex drive reduced or lacking	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes
GROUP 7D  142 O O Abnormal thirst  143 O O Bloating of abdomen  144 O O Weight gain around hips or waist  145 O O Sex drive reduced or lacking  146 O O Tendency to ulcers, colitis	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed
GROUP 7D  142 O O Abnormal thirst  143 O O Bloating of abdomen  144 O O Weight gain around hips or waist  145 O O Sex drive reduced or lacking  146 O O Tendency to ulcers, colitis  147 O O Increased sugar tolerance	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed 211 O O O Acne, worse at menses
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O Menopausal hot flashes 210 O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing
GROUP 7D  142 O O Abnormal thirst  143 O O Bloating of abdomen  144 O O Weight gain around hips or waist  145 O O Sex drive reduced or lacking  146 O O Tendency to ulcers, colitis  147 O O Increased sugar tolerance  148 O O Women: menstrual disorders  149 O O Young girls: lack of menstrual function	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O Menopausal hot flashes 210 O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing MALE ONLY
GROUP 7D  142 O O Abnormal thirst  143 O O Bloating of abdomen  144 O O Weight gain around hips or waist  145 O O Sex drive reduced or lacking  146 O O Tendency to ulcers, colitis  147 O O Increased sugar tolerance  148 O O Women: menstrual disorders  149 O O Young girls: lack of menstrual function  GROUP 7E	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O Menopausal hot flashes 210 O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing MALE ONLY 213 O O O Prostate trouble
GROUP 7D  142 O O Abnormal thirst  143 O O Bloating of abdomen  144 O O Weight gain around hips or waist  145 O O Sex drive reduced or lacking  146 O O Tendency to ulcers, colitis  147 O O Increased sugar tolerance  148 O O Women: menstrual disorders  149 O O Young girls: lack of menstrual function  GROUP 7E  150 O O Dizziness	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O Menopausal hot flashes 210 O O Menopausal hot flashes 211 O O O Acne, worse at menses 212 O O O Depression of long standing MALE ONLY 213 O O O Prostate trouble 214 O O O Urination difficult or dribbling
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O O Dizziness  151 O O O Headaches	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O Menopausal hot flashes 210 O O Menopausal hot flashes 211 O O O Acne, worse at menses 212 O O O Depression of long standing MALE ONLY 213 O O O Prostate trouble 214 O O O Vight urination frequent
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O O Dizziness  151 O O O Headaches  152 O O O Hot flashes	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O O Prostate trouble 214 O O O Urination difficult or dribbling 215 O O O Depression
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O O Dizziness  151 O O O Headaches  152 O O O Increased blood pressure	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O Menopausal hot flashes 210 O O Menopausal hot flashes 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O O Prostate trouble 214 O O O Urination difficult or dribbling 215 O O O Night urination frequent 216 O O O Depression 217 O O Pain on inside of legs or heels
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O O Dizziness  151 O O O Headaches  152 O O O Hot flashes  153 O O O Increased blood pressure  154 O O O Hair growth on face or body (female)	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menopausal hot flashes 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O O Prostate trouble 214 O O O Urination difficult or dribbling 215 O O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O O Feeling of incomplete bowel evacuation
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O O Dizziness  151 O O O Headaches  152 O O O Hot flashes  153 O O O Increased blood pressure  154 O O O Sugar in urine (not diabetes)	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menopausal hot flashes 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O O Prostate trouble 214 O O O Urination difficult or dribbling 215 O O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O O Feeling of incomplete bowel evacuation 219 O O Lack of energy
GROUP 7D  142 O O O Abnormal thirst  143 O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O Dizziness  151 O O O Dizziness  152 O O O Headaches  153 O O O Increased blood pressure  154 O O O Hair growth on face or body (female)  155 O O O Sugar in urine (not diabetes)  156 O O O Masculine tendencies (female)	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menopausal hot flashes 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O O Prostate trouble 214 O O O Urination difficult or dribbling 215 O O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O O Feeling of incomplete bowel evacuation 219 O O O Lack of energy 220 O O Migrating aches and pains
GROUP 7D  142 O O O Abnormal thirst  143 O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O Dizziness  151 O O O Dizziness  152 O O O Hot flashes  153 O O O Increased blood pressure  154 O O O Hair growth on face or body (female)  155 O O O Sugar in urine (not diabetes)  156 O O O Masculine tendencies (female)  GROUP 7F	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O Menopausal hot flashes 210 O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing MALE ONLY 213 O O O Prostate trouble 214 O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily
GROUP 7D  142 O O O Abnormal thirst  143 O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O Dizziness  151 O O O Dizziness  152 O O O Hot flashes  153 O O O Increased blood pressure  154 O O O Hair growth on face or body (female)  155 O O O Sugar in urine (not diabetes)  156 O O Masculine tendencies (female)  GROUP 7F  157 O O O Weakness, dizziness	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O Menopausal hot flashes 210 O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing MALE ONLY 213 O O O Prostate trouble 214 O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily 222 O O O Avoids activity
GROUP 7D  142 O O O Abnormal thirst  143 O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O Dizziness  151 O O O Dizziness  152 O O O Hot flashes  153 O O O Increased blood pressure  154 O O O Hair growth on face or body (female)  155 O O O Sugar in urine (not diabetes)  156 O O O Masculine tendencies (female)  GROUP 7F	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O O Prostate trouble 214 O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily 222 O O Avoids activity 223 O O Leg nervousness at night
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O O Dizziness  151 O O O Headaches  152 O O O Hot flashes  153 O O O Increased blood pressure  154 O O O Hair growth on face or body (female)  155 O O O Sugar in urine (not diabetes)  156 O O O Masculine tendencies (female)  GROUP 7F  157 O O O Weakness, dizziness  158 O O O Chronic fatigue  159 O O Low blood pressure	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O Menopausal hot flashes 210 O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing MALE ONLY 213 O O O Prostate trouble 214 O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily 222 O O O Avoids activity
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O O Dizziness  151 O O O Headaches  152 O O O Hot flashes  153 O O O Increased blood pressure  154 O O O Hair growth on face or body (female)  155 O O O Sugar in urine (not diabetes)  156 O O Masculine tendencies (female)  GROUP 7F  157 O O O Weakness, dizziness  158 O O O Chronic fatigue  159 O O O Low blood pressure	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O Prostate trouble 214 O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily 222 O O Avoids activity 223 O O Leg nervousness at night 204 O O Diminished sex drive
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O O Dizziness  151 O O O Headaches  152 O O O Hot flashes  153 O O O Increased blood pressure  154 O O O Hair growth on face or body (female)  155 O O O Sugar in urine (not diabetes)  156 O O O Masculine tendencies (female)  GROUP 7F  157 O O O Weakness, dizziness  158 O O O Chronic fatigue  159 O O O Nails weak, ridged  161 O O O Tendency to hives	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O O Prostate trouble 214 O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily 222 O O Avoids activity 223 O O Leg nervousness at night
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O O Dizziness  151 O O O Headaches  152 O O O Hot flashes  153 O O O Increased blood pressure  154 O O O Hair growth on face or body (female)  155 O O O Sugar in urine (not diabetes)  156 O O Masculine tendencies (female)  GROUP 7F  157 O O O Weakness, dizziness  158 O O O Chronic fatigue  159 O O O Low blood pressure	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O Prostate trouble 214 O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily 222 O O Avoids activity 223 O O Leg nervousness at night 204 O O Diminished sex drive
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O O Dizziness  151 O O O Headaches  152 O O O Hot flashes  153 O O O Increased blood pressure  154 O O O Hair growth on face or body (female)  155 O O O Sugar in urine (not diabetes)  156 O O O Masculine tendencies (female)  GROUP 7F  157 O O O Weakness, dizziness  158 O O O Chronic fatigue  159 O O O Nails weak, ridged  161 O O O Tendency to hives	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O Prostate trouble 214 O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily 222 O O Avoids activity 223 O O Leg nervousness at night 224 O O Diminished sex drive  List the five main complaints you have in the order of their importance:  1.
GROUP 7D  142 O O O Abnormal thirst  143 O O O Bloating of abdomen  144 O O O Weight gain around hips or waist  145 O O O Sex drive reduced or lacking  146 O O O Tendency to ulcers, colitis  147 O O O Increased sugar tolerance  148 O O O Women: menstrual disorders  149 O O O Young girls: lack of menstrual function  GROUP 7E  150 O O O Dizziness  151 O O O Headaches  152 O O O Hot flashes  153 O O O Increased blood pressure  154 O O O Hair growth on face or body (female)  155 O O O Sugar in urine (not diabetes)  156 O O Masculine tendencies (female)  GROUP 7F  157 O O O Weakness, dizziness  158 O O O Chronic fatigue  159 O O Low blood pressure  160 O O Nails weak, ridged  161 O O O Arthritic tendencies	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O Prostate trouble 214 O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily 222 O O Avoids activity 223 O O Leg nervousness at night 204 O O Diminished sex drive
GROUP 7D  142	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O Prostate trouble 214 O O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily 222 O O Avoids activity 223 O O Leg nervousness at night 224 O O Diminished sex drive  List the five main complaints you have in the order of their importance:  1
GROUP 7D  142	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O Prostate trouble 214 O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily 222 O O Avoids activity 223 O O Leg nervousness at night 224 O O Diminished sex drive  List the five main complaints you have in the order of their importance:  1.
GROUP 7D  142  O O O Abnormal thirst  143  O O O Bloating of abdomen  144  O O O Weight gain around hips or waist  145  O O O Sex drive reduced or lacking  146  O O O Tendency to ulcers, colitis  147  O O Increased sugar tolerance  148  O O Women: menstrual disorders  149  O O O Dizziness  150  O O Dizziness  151  O O O Dizziness  151  O O Headaches  152  O O Hot flashes  153  O O Increased blood pressure  154  O O Hair growth on face or body (female)  155  O O Sugar in urine (not diabetes)  156  O O Weakness, dizziness  158  O O Chronic fatigue  159  O O Low blood pressure  160  O O Nails weak, ridged  161  O O Arthritic tendencies  162  O O Perspiration increase  164  O O Bowel disorders  165  O O Poor circulation	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208
GROUP 7D  142  O O O Abnormal thirst  143  O O O Bloating of abdomen  144  O O O Weight gain around hips or waist  145  O O O Sex drive reduced or lacking  146  O O Tendency to ulcers, colitis  147  O O Increased sugar tolerance  148  O O Women: menstrual disorders  149  O O Young girls: lack of menstrual function	205 O O O Painful breasts 206 O O O Menstruate too frequently 207 O O O Vaginal discharge 208 O Hysterectomy / ovaries removed 209 O O O Menopausal hot flashes 210 O O O Menses scanty or missed 211 O O O Acne, worse at menses 212 O O O Depression of long standing  MALE ONLY 213 O O Prostate trouble 214 O O O Urination difficult or dribbling 215 O O Night urination frequent 216 O O Depression 217 O O Pain on inside of legs or heels 218 O O Feeling of incomplete bowel evacuation 219 O O Lack of energy 220 O O Migrating aches and pains 221 O O Tire too easily 222 O O Avoids activity 223 O O Leg nervousness at night 224 O O Diminished sex drive  List the five main complaints you have in the order of their importance:  1
GROUP 7D  142 ○ ○ ○ Abnormal thirst  143 ○ ○ ○ Bloating of abdomen  144 ○ ○ ○ Weight gain around hips or waist  145 ○ ○ ○ Sex drive reduced or lacking  146 ○ ○ ○ Tendency to ulcers, colitis  147 ○ ○ ○ Increased sugar tolerance  148 ○ ○ ○ Women: menstrual disorders  149 ○ ○ ○ Voung girls: lack of menstrual function  GROUP 7E  150 ○ ○ ○ Dizziness  151 ○ ○ ○ Headaches  152 ○ ○ ○ Hot flashes  153 ○ ○ ○ Increased blood pressure  154 ○ ○ ○ Hair growth on face or body (female)  155 ○ ○ ○ Sugar in urine (not diabetes)  156 ○ ○ ○ Masculine tendencies (female)  GROUP 7F  157 ○ ○ ○ Weakness, dizziness  158 ○ ○ ○ Chronic fatigue  159 ○ ○ ○ Low blood pressure  160 ○ ○ ○ Nails weak, ridged  161 ○ ○ ○ Tendency to hives  162 ○ ○ ○ Arthritic tendencies  163 ○ ○ ○ Perspiration increase  164 ○ ○ ○ Bowel disorders  165 ○ ○ ○ Poor circulation  166 ○ ○ ○ Swollen ankles	205 O O Painful breasts 206 O O Menstruate too frequently 207 O O O Vaginal discharge 208